

Adult Program

Time	Wednesday	Friday
9:30 am - 10:30 am	Boot Camp	Boot Camp
10:30 am - 11:15 am	Boot Camp	Boot Camp
8:30 pm - 9:30 pm	Adult Dance	

Pricing

Boot Camp:

60 minute class: Drop in: \$10

Card of 5 classes: \$45 Card of 10 classes: \$85

45 minute class: Drop in: \$8

Card of 5 classes: \$36 Card of 10 classes: \$68

Adult Dance

To see prices for the adult dance, please refer to the General Program Registration Package under the "Schedule" page of our website.