

STUDIO # 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45-2:15 NSAD Program Stretch & Strength Breanna English	1:45-2:15 Ballet Bloch Program Foot Conditioning Tracy-Lea Bloch	1:30-2:30 Ballet Bloch Program Gyro/Yoga Muriel Teague	1:45-2:15 NSAD Program Student Rehearsal Time	
2:15-3:45 NSAD Program Lyrical/ Contemporary Technique/Performance Breanna English	2:15-3:45 Ballet Bloch Program Advanced 2 NSAD Program Ballet Technique Thomas Teague	2:00-3:30 Ballet Bloch Program Advanced 1 NSAD Program Ballet Technique Muriel Teague	2:15-3:45 NSAD Program Jazz Technique Belinda Sobie	2:00-3:30 Flex Hour for Choreography NSAD Program A1 & A2
				3:30-4:45 Industry Workshop Group A & B Weekly Guest Instructors

STUDIO # 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45-2:15 Ballet Bloch Program Pilates Thomas Teague	1:45-2:15 NSAD Program Student Rehearsal Time	1:30-2:30 NSAD Program Foot Conditioning Tracy-Lea Bloch	1:45-2:15 Ballet Bloch Program Body Conditioning Tracy-Lea Bloch	1:30-3:00 Ballet Bloch Program Contemporary Ballet Technique Monica Proenca
2:15-3:45 Ballet Bloch Program Advanced 1 & 2 Ballet Technique Thomas Teague	2:15-3:45 NSAD Program Ballet Technique Sorami Moriyama	2:00-3:30 NSAD Program Jazz Technique Belinda Sobie	2:15-3:45 Ballet Bloch Program Advanced 1 & 2 Ballet Technique Tracy-Lea Bloch	3:00-3:30 Ballet Bloch Program Stretch & Strength Monica Proenca

STUDIO # 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:15-3:45 Lyrical/Contemporary Technique NSAD Program Abby Hoffman	2:15-3:45 Ballet Bloch Program Advanced 1 ISTD Syllabus Tracy-Lea Bloch	2:00-3:30 Ballet Bloch Program Advanced 2 ISTD Syllabus Tracy-Lea Bloch	2:15-3:45 NSAD Program Ballet Technique Sorami Moriyama	

"Student Rehearsal Time" is a designated time for students to have scheduled rehearsal space for: Solo, Duo, Trio Practice, Syllabus Practice, Choreography Review