



North Shore Academy of Dancing



BALLET BLOCH CANADA

Class Schedule 2021/2022

VERSION 5 - August 27th 2021

MONDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 Ruby/Amber Jazz Performance Group 9-12 yrs Breanna English	3:45-4:45 E.M.C. Hip Hop Performance Group 13 yrs+ Guest Choreo with Abby Hoffman	3:45-5:15 Ballet Bloch Junior Program Ballet Technique By Audition Only Tracy-Lea Bloch	3:45-4:45 Jazz 8-10 years Astrid Eckerle
4:45-5:45 Sapphire/Crystal Jazz Performance Group 12 yrs+ Breanna English	4:45-5:45 Night Vision Hip Hop Performance Group 15 yrs+ Guest Choreo with Abby Hoffman	5:15-5:45 Body Conditioning Junior/Inter Levels 8-12 years Tracy-Lea Bloch	4:45-5:45 Hip Hop 8-10 years Astrid Eckerle
5:45-6:45 Crystal/Diamond Jazz Performance Group 15 yrs+ Breanna English	5:45-6:45 Opal/Emerald Broadway Performance Group 11 yrs+ Astrid Eckerle	5:45-7:15 Ballet Bloch Intermediate Program Ballet Technique - By Audition Only Thomas Teague	5:45-6:45 Jazz 10-13 years Abby Hoffman
6:45-7:45 Lyrical & Jazz 12 years+ Astrid Eckerle	6:45-7:45 Lyrical 10-13 years Abby Hoffman	7:15-8:15 Jumps & Turns Boys Ballet 10 yrs+ Thomas Teague	6:45-7:45 Ballet Bloch Program Private Coaching

TUESDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-5:15 Ballet Bloch Advanced Program Pas de Deux Class By Audition Only Thomas Teague	3:30-4:45 Advanced One Modern I.S.T.D Karrie Hill	3:45-4:45 Mischief Boys Hip Hop Performance Group 11 yrs+ Chris Bonus	3:45-4:45 Intermediate Performance Ballet Group 12yrs+ Sorami Moriyama
5:15-5:45 Pilates for Dancers Intermediate/Advanced Levels 12-16 years Thomas Teague	4:45-5:45 Advanced Hip Hop 11-14 years Chris Bonus	4:45-6:00 Intermediate Modern I.S.T.D Karrie Hill	4:45-5:45 Grade Four Ballet R.A.D Sorami Moriyama
5:45-6:45 Intermediate Foundation Ballet R.A.D Sorami Moriyama	5:45-6:15 Chris Bonus Private Hip Hop Coaching	5:45-7:15 Ballet Bloch Intermediate/Adv. Levels Ballet Technique Class Thomas Teague	6:00-6:45 Grade Four Modern I.S.T.D Karrie Hill
6:45-7:45 Intermediate Foundation Modern I.S.T.D Karrie Hill	6:15-7:45 'Bonus Round' Hip Hop Program *By Invitation - 15 yrs+ Chris Bonus		6:45-7:45 Grade Five Ballet R.A.D Sorami Moriyama
7:45-9:15 Advanced Two Modern I.S.T.D Karrie Hill	7:45-8:45 Intermediate Ballet R.A.D Sorami Moriyama		

WEDNESDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 Junior Jazz Technique 8 years+ Performance Students Only Belinda Sobie	3:30-4:45 Ballet Bloch Advanced Program Pointe Training - By Audition Only Muriel Teague	3:30-4:45 Advanced Contemporary Tech *By Invitation - 15 yrs+ Nadia White	3:30-4:45 Intermediate Foundation Ballet R.A.D Sorami Moriyama
4:45-5:45 Opal/Emerald Lyrical Performance Group 12 yrs+ Belinda Sobie	4:45-5:45 Sapphire/Crystal Performance Contemporary 12 yrs+ Nadia White	4:45-5:45 Ballet Bloch Junior Program Ballet Technique - By Audition Only Tracy-Lea Bloch	4:45-5:45 Ruby/Amber Broadway Performance Group 8-12 yrs Astrid Eckerle
5:45-6:45 Video Dance Hip Hop 11-14 years Astrid Eckerle	5:45-6:45 Advanced Jazz Technique 13 years+ Performance Students Only Belinda Sobie	5:45-6:15 Foot Conditioning Junior/Intermediate Levels 8-12 years Tracy-Lea Bloch	5:45-6:45 Grade Three Ballet R.A.D Sorami Moriyama
6:45-7:45 Opal/Emerald Jazz Performance Group 12 yrs+ Astrid Eckerle	6:45-7:45 Grade Five Ballet R.A.D Sorami Moriyama	6:15-7:45 Ballet Bloch Intermediate Program Ballet Technique - By Audition Only Tracy-Lea Bloch	6:45-7:45 Boys Hip Hop 10-13 years Dylan Steyns
7:45-8:45 Adult Dance Performance Group Dylan Steyns	7:45-8:45 Industry Jazz 13+ years Astrid Eckerle	7:45-8:45 Intermediate Ballet R.A.D Sorami Moriyama	



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THURSDAYS

STUDIO 1	STUDIO 2		STUDIO 4
3:45-4:45 Large Group Broadway Performance Group 13 yrs+ <i>Belinda Sobie</i>	3:45-5:45 Ballet Bloch Int/Adv Program Ballet Bloch Production Rehearsals	3:45-4:45 Lite Bright Hip Hop Performance Group 9-11 yrs Dylan Steyns	3:45-4:45 Grade Two Ballet R.A.D Sorami Moriyama
4:45-5:45 Intermediate Jazz Technique 10 years+ Performance Students Only Belinda Sobie	By Audition Only Muriel Teague	4:45-5:30 Boys Hip Hop 6-9 years Dylan Steyns	4:45-5:45 Junior Ballet Performance Group Sorami Moriyama
5:45-6:45 Advanced Lyrical Technique 13 years+ Performance Students Only Belinda Sobie	5:45-6:45 Beginner Pointe Training Ages: 11yrs+ Sorami Moriyama	5:45-6:45 Lyrical/Contemporary 10-13 yrs Elysia Matheson	5:45-6:45 Intermediate Foundation Ballet R.A.D Muriel Teague
6:45-7:45 Senior Smooth Groove Hip Hop 13 years+ Zaiven Garrett	6:45-7:45 Crystal/Diamond Lyrical Performance Group 15 yrs+ Elysia Matheson	6:45-7:45 Intermediate Foundation Ballet R.A.D Sorami Moriyama	6:45-7:45 Intermediate Foundation/ Intermediate Level Pointe Training Muriel Teague
7:45-9:15 Advanced One Ballet R.A.D Sorami Moriyama	7:45-8:45 Sapphire/Crystal Lyrical Performance Group 12-15 yrs Elysia Matheson		

FRIDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:30-4:45 Industry Workshop Drop In Weekly Guest Instructors	3:45-5:15 Ballet Bloch Advanced 2 Program Contemporary Ballet Choreography By Audition Only Monica Proenca	3:45-4:45 Grade Four Ballet R.A.D Sorami Moriyama	3:45-4:45 Jazz 6-8 years Astrid Eckerle
4:45-5:45 Video Dance Hip Hop 11-14 years Dylan Steyns	5:15-6:15 Ballet Bloch Int/Adv Program Contemporary - By Audition Only Monica Proenca	4:45-5:45 Pointe Training RAD & ISTD Vocational Level Sorami Moriyama	4:45-5:45 Pearl/Ruby Broadway Performance Group 7-10 yrs Astrid Eckerle
5:45-6:45 Midnight Attraction Hip Hop Performance Group 11 yrs+ Dylan Steyns	6:15-6:45 Stretch & Strength Int/Adv Levels 10 yrs+ Monica Proenca	5:45-6:45 Jazz 10-14 years Astrid Eckerle	5:45-7:15 Advanced One Ballet R.A.D Sorami Moriyama

SATURDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
9:00-9:45 Pre-Ballet 4-5 yrs Alicia Steyns/Tara Talebi	9:00-9:45 Primary Ballet R.A.D Sorami Moriyama	9:00-9:45 Creative Hip Hop 5-6 yrs Gracie Janes	9:30-10:30 Grade One Modern I.S.T.D Alyssa Rive
9:45-10:30 Pre-Ballet 3-4 yrs Alicia Steyns/Tara Talebi	9:45-10:30 Pre-Primary Ballet R.A.D Sorami Moriyama	9:45-10:30 Hip Hop 6-8 years Gracie Janes	10:30-11:30 Grade Four Modern I.S.T.D Alyssa Rive
10:30-11:30 Nutcracker Production Open to all Gr 2, 3, 4 Ballet Levels By Audition Only Tracy-Lea Bloch/Chloe Legaspi	10:30-11:30 Grade One Ballet R.A.D Sorami Moriyama	10:30-11:30 Jazz 8-10 years Gracie Janes	11:30-12:30 Grade Three Modern I.S.T.D Alyssa Rive
11:30-12:30 Ballet Bloch Junior/Intermediate Program Company Class Tracy-Lea Bloch/Chloe Legaspi	11:30-12:30 Grade Two Ballet R.A.D Sorami Moriyama	11:30-12:30 Hip Hop 8-10 years Gracie Janes	12:30-1:30 Grade Two Modern I.S.T.D Alyssa Rive
12:30-2:00 Ballet Bloch Int/Adv Program Company Class Muriel Teague	12:30-1:30 Grade Three Ballet R.A.D Sorami Moriyama	12:30-1:15 Jazz 6-8 years Gracie Janes	1:30-2:30 Grade Five/Bronze Modern I.S.T.D Alyssa Rive
2:00-6:00 Ballet Bloch Productions Company Rehearsals Muriel Teague/Tracy-Lea Bloch	1:30-6:00 Ballet Bloch Productions Company Rehearsals By Audition Only Tracy Bloch/Monica Proenca	1:30-6:00 Nutcracker Production By Audition Only Tracy-Lea Bloch/Chloe Legaspi	

| Advanced Classes - Performance Students only | Italics indicates - by audition only | R.A.D. - Royal Academy of Dancing |
I.S.T.D. - Imperial Society of Teachers of Dancing

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