



Half Day Schedule

2024/2025

North Shore Academy of Dancing

*Schedule Subject to change

STUDIO # 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45-2:45 NSAD Half Day Program Stretch & Strengthening Group A	1:45-2:15 Student Coaching Time	1:45-2:15 Belinda's Coaching Time	1:45-2:15 NSAD Half Day Program Performance Group A Coaching Astrid Eckerle	
2:45-3:45 NSAD Half Day Program Jazz Technique Group A Alicia Bruce	2:15-3:45 NSAD Half Day Program Ballet Technique Group A/B Alicia Steyns	2:15-3:45 NSAD Half Day Program Jazz Technique Group A Belinda Sobie	2:15-3:45 NSAD Half Day Program Ballet Technique Group A/B Katherine Robidoux	2:00-3:30 NSAD Half Day Program Flex Hour for Choreography Groups A & B
				3:30-4:45 Industry Workshop Group A & B Weekly Guest Instructors

STUDIO # 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45-2:45 NSAD Half Day Program Jazz Technique Group B Alicia Bruce			1:45-2:15 Student Rehearsal Time	
2:45-3:45 NSAD Half Day Program Stretch & Strengthening Group B/C	2:00-3:30 NSAD Half Day Program Ballet Technique Group A TBA	2:15-3:45 NSAD Half Day Program Jazz Technique Group B Breanna English	2:00-3:30 NSAD Half Day Program Ballet Technique Group A TBA	

STUDIO # 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45-2:45 NSAD Half Day Program Jazz Technique Group B/C Breanna Lee		2:15-3:45 NSAD Half Day Program Jazz Technique Group B/C Breanna Lee		

"Student Rehearsal Time" is designated time for students to have scheduled rehearsal space for:
Solo, Duo, Trio Practice, Syllabus Practice, Choreography Review.

NSAD Half Day Program is split into 2 or 3 groups to ensure the training provided is of the correct level for each dancer.