



North Shore Academy of Dancing

INFORMATION FOR STAGE MAKE UP & HAIR

2017/2018 Season

Using stage make up for all performances is of the utmost importance. The theatre stage lighting is very strong and can leave a dancer looking pale and "washed out" from the audience. By applying stage make up, the dancer's facial features will be visible to the audience creating the exciting stage presence of facial expressions and emotions which captivates our audience!

A dancer should have the following products for successful stage make up application: Foundation/powder that matches your skin tone, medium pink blush, black eyeliner (pencil or liquid), eye shadow in neutral shades of brown's used for the eyelid, crease, outer crease and brow bone, black/brown mascara for both the top and bottom lashes, false lashes (ages 12yrs+), and red lip stick.

A list of product suggestions for appropriate colours:

- Revlon Colourstay Eyeshadow - #555 Moonlit
- Maybelline Fit Me! Blush - Medium Pink
- Rimmel #10 Lipstick

Hair should be tightly secured with hair spray to ensure no "fly aways" are happening. Pony tails are to be located at a 45' degree angle from the top of the ears and placed at the centre of the head. If a bun is required, the ponytail can then be secured pinned, with use of bobby pins and a hairnet.

A dancer should have the following products for a successful performance hair style: Hair brush, fine tooth comb, a full package of bobby pins, hairnets that match the colour of your hair and hair spray.