



North Shore Academy of Dancing

Class Schedule 2019/2020

VERSION 11 - Updated July 18th, 2019

MONDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 <i>Crystal/Diamond Jazz</i> Performance Group 15 yrs+ Breanna English	3:45-4:45 Stretch, Strength & Conditioning for Dancers 10 years+ Melissa Bosomworth	3:45-4:45 Intermediate Foundation Year 2 Ballet R.A.D Alicia Steyns	3:45-4:45 Jazz 8-10 years Astrid Eckerle
4:45-5:45 <i>Sapphire/Crystal Jazz</i> Performance Group 12 yrs+ Breanna English	4:45-5:45 <i>Amber Broadway Performance</i> Group 10-12 yrs Astrid Eckerle	4:45-5:45 <i>Mischief Boys Hip Hop</i> Performance Group 10 yrs+ Jarrett Carlington	4:45-5:45 Grade Two Ballet R.A.D Alicia Steyns
5:45-6:45 <i>B.P.M. Hip Hop</i> Performance Group 13 yrs+ Astrid Eckerle	5:45-6:45 <i>Lil Rascals Boys Hip Hop</i> Performance Group 9 yrs+ Jarrett Carlington	5:45-6:45 Grade Four Ballet R.A.D Alicia Steyns	
6:45-7:45 Intermediate Ballet R.A.D. Alicia Steyns	6:45-7:45 <i>Opal/Emerald Jazz</i> Performance Group 12 yrs+ Astrid Eckerle	6:45-7:45 Advanced Hip Hop 10-13 years Jarrett Carlington	
7:45-8:45 Adult Monthly Drop In Dylan Steyns	7:45-8:45 Smooth Groove Hip Hop 12 years+ Jarrett Carlington		

TUESDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 <i>Sapphire/Crystal Contemporary</i> Performance Group 13 yrs+ Breanna English	3:45-4:45 Foundations Ballet 12 yrs+ R.A.D. Tyler Carver	3:45-5:45 <i>KTL Hip Hop</i> Apprentice Group (Grade 10+) Shauna Smith	3:45-4:45 Grade Three Ballet R.A.D Karrie Hill
4:45-5:45 <i>Crystal/Diamond Contemporary</i> Performance Group 15 yrs+ Breanna English	4:45-5:45 <i>Ballet Performance Group</i> 12 yrs+ Sorami Moriyama		4:45-5:45 Grade Six Modern I.S.T.D Karrie Hill
5:45-6:45 <i>Black Diamond Jazz/Contemporary</i> Performance Group 15 yrs+ Breanna English	5:45-6:45 Intermediate Ballet R.A.D Sorami Moriyama	5:45-6:45 <i>KTL Junior Hip Hop</i> 12 years+ Shauna Smith	5:45-6:45 Intermediate Foundation Year 2 Ballet R.A.D Karrie Hill
6:45-7:45 Intermediate Modern I.S.T.D Karrie Hill	6:45-7:45 Pointe Two R.A.D. Sorami Moriyama	6:45-7:45 Jazz 10-13 years Alex Christian	
7:45-9:15 Advanced Two Modern I.S.T.D Karrie Hill	7:45-9:15 Advanced Foundation Ballet R.A.D Sorami Moriyama	7:45-8:45 Urban Jazz 13 years+ Alex Christian	

WEDNESDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 <i>Sapphire/Crystal/Diamond Broadway</i> Performance Group 13 yrs+ Belinda Sobie	3:45-4:45 Advanced Two Ballet Technique Thomas Teague	3:45-4:45 <i>Night Vision Hip Hop</i> Performance Group 15 yrs+ Francis Aranton/Astrid Eckerle	4:00-4:45 Boys Hip Hop 6-9 years Dylan Steyns
4:45-5:45 <i>Ruby/Amber Jazz</i> Performance Group 9-12 yrs Belinda Sobie	4:45-5:45 <i>E.M.C. Hip Hop</i> Performance Group 13 yrs+ Francis Aranton/Astrid Eckerle	4:45-5:45 Intermediate Foundation Year 1 Ballet R.A.D. Thomas Teague	4:45-5:45 Boys Hip Hop 10-13 years Dylan Steyns
5:45-6:45 <i>Crystal/Diamond/Black Diamond</i> Broadway Performance Group 13 yrs + Belinda Sobie	5:45-6:45 Junior Smooth Groove Hip Hop 10-13 years Astrid Eckerle	5:45-6:45 <i>Opal/Emerald Lyrical</i> Performance Group 12 yrs+ Elysia Matheson	5:45-6:45 Grade Four Ballet R.A.D Sorami Moriyama
6:45-7:45 Advanced Jazz Technique 13 years+ Performance Students Only Belinda Sobie	6:45-7:45 Senior Smooth Groove Hip Hop 13 years+ Astrid Eckerle	6:45-7:45 Lyrical 10-13 years Elysia Matheson	6:45-7:45 Grade Five Ballet R.A.D Sorami Moriyama
7:45-9:15 Advanced One Ballet R.A.D Sorami Moriyama	7:45-8:45 <i>Crystal/Diamond Lyrical</i> Performance Group 15 yrs+ Elysia Matheson	7:45-8:45 <i>Midnight Attraction Hip Hop</i> Performance Group 12 yrs+ Astrid Eckerle	



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THURSDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 <i>Sapphire/Crystal Lyrical Performance Group 12-15 yrs</i> Belinda Sobie	3:45-4:45 Advanced Foundation Ballet R.A.D Sorami Moriyama	3:45-4:45 <i>Opal/Emerald Broadway Performance Group 11 yrs+</i> Elysia Matheson	3:45-4:45 Grade Three/Four Modern I.S.T.D Christina Fitchett
4:45-5:45 Advanced Jazz Technique 9-13 years Performance Students Only Belinda Sobie	4:45-5:45 <i>Diamond/Black Diamond Lyrical Performance Group 15 yrs+</i> Elysia Matheson	4:45-5:45 Intermediate Foundations Year 1 Ballet R.A.D Sorami Moriyama	4:45-5:45 <i>Ruby Broadway Performance Group 8-10 yrs</i> Christina Fitchett
5:45-6:45 Advanced Lyrical Technique 13 years+ Performance Students Only Belinda Sobie	5:45-6:45 Industry Jazz 13+ years Elysia Matheson	5:45-6:45 Pointe One R.A.D Sorami Moriyama	5:45-6:45 Grade Five Modern I.S.T.D Christina Fitchett
6:45-7:45 Senior Smooth Groove Hip Hop 13 years+ Zaiven Garrett	6:45-7:45 Intermediate Modern I.S.T.D Christina Fitchett	6:45-7:45 Beginner Ballet 11yrs+ Sorami Moriyama	6:45-7:45 Tap Technique 12 yrs+ Elysia Matheson
7:45-8:45 <i>Adult Dance Performance Group</i> Dylan Steyns	7:45-9:15 Advanced One Year 1 & 2 Modern I.S.T.D Christina Fitchett		

FRIDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:30-4:45 Industry Workshop Drop In Weekly Guest Instructors	3:45-4:45 Jazz 10-13 years Astrid Eckerle	3:45-4:45 Grade Two Ballet R.A.D Sorami Moriyama	3:45-4:45 Jazz 6-8 years Abby Hoffman
4:45-5:45 Pointe Three/Four R.A.D Sorami Moriyama	4:45-5:45 Video Dance Hip Hop 11-14 years Dylan Steyns	4:45-5:45 Hip Hop 8-10 years Astrid Eckerle	4:45-5:45 <i>Pearl Broadway Performance Group 6-8 yrs</i> Abby Hoffman
5:45-7:15 Advanced One R.A.D Sorami Moriyama	5:45-6:45 <i>Girly Hip Hop Performance Group 9 yrs+</i> Dylan Steyns	5:45-6:45 <i>Trouble Makerz Hip Hop Performance Group 12 yrs+</i> Astrid Eckerle	

SATURDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
9:00-10:00 Grade Three Modern I.S.T.D Christina Fitchett	9:15-10:00 Pre-Primary Ballet R.A.D Sorami Moriyama	9:30-10:15 Grade One Modern I.S.T.D Alyssa Rive	
10:00-11:00 Jazz 8-10 years Abby Hoffman	10:00-10:45 Primary Ballet R.A.D Sorami Moriyama	10:15-11:00 Creative Hip Hop 5-6 yrs Alyssa Rive	10:15-11:00 Preschool Ballet 3-4 yrs Christina Fitchett
11:00-12:00 Grade Five Modern I.S.T.D Christina Fitchett	10:45-11:45 Grade One Ballet R.A.D Sorami Moriyama	11:00-12:00 Grade Two Modern I.S.T.D Alyssa Rive	11:15-12:00 Preschool Ballet 4-5 yrs Abby Hoffman
12:00-1:00 Grade Four Modern I.S.T.D Christina Fitchett	12:00-1:00 Jazz 10-13 years Alyssa Rive	12:00-1:00 Grade Three Ballet R.A.D Sorami Moriyama	12:15-1:00 Hip Hop 6-8 years Gracie Janes
1:00-2:00 Grade Six Modern I.S.T.D Christina Fitchett	1:00-2:00 Grade Five Ballet R.A.D Sorami Moriyama	1:00-2:00 Hip Hop 8-10 years Gracie Janes	

| Advanced Classes - Performance Students only | Italics indicates - by audition only | R.A.D. - Royal Academy of Dancing | I.S.T.D. - Imperial Society of Teachers of Dancing

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