



North Shore Academy of Dancing



BALLET BLOCH CANADA

Class Schedule 2020/2021

VERSION 5.0 - June 29th 2020

MONDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 Ruby/Amber Jazz Performance Group 9-12 yrs Breanna English	3:45-4:45 E.M.C. Hip Hop Performance Group 13 yrs+ Guest Choreo with Abby Hoffman	3:45-4:45 Lil Rascals Boys Hip Hop Performance Group 9 yrs+ Zavien Garrett	3:45-5:15 Ballet Bloch Junior Program Ballet Technique By Audition Only Thomas Teague/Tracy-Lea Bloch
4:45-5:45 Sapphire/Crystal Jazz Performance Group 12 yrs+ Breanna English	4:45-5:45 Night Vision Hip Hop Performance Group 15 yrs+ Guest Choreo with Abby Hoffman	4:45-5:45 Hip Hop 10-13 years Zavien Garrett	5:15-5:45 Body Conditioning Junior/Inter Levels 8-12 years Thomas Teague/Tracy-Lea Bloch
5:45-6:45 Crystal/Diamond Jazz Performance Group 15 yrs+ Breanna English	5:45-6:45 Jazz 10-13 years Abby Hoffman	5:45-7:15 Ballet Bloch Intermediate Program Ballet Technique - By Audition Only Thomas Teague/Tracy-Lea Bloch	
6:45-7:45 Acro 13 years+ TBA	7:15-8:15 Pointe Training RAD & ISTD Vocational Levels Thomas Teague/Tracy-Lea Bloch		6:45-7:45 Opal/Emerald Jazz Performance Group 12 yrs+ Abby Hoffman
7:45-8:45 Jazz 13 years+ Abby Hoffman			

TUESDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 Sapphire/Crystal Contemporary Performance Group 13 yrs+ Lisa Metz	3:45-5:15 Ballet Bloch Advanced Program Pas de Deux Class By Audition Only Thomas Teague	3:45-4:45 Intermediate Foundation Ballet R.A.D. Karrie Hill	3:45-4:45 Grade Three Ballet R.A.D. Sorami Moriyama
4:45-5:45 Crystal/Diamond Contemporary Performance Group 15 yrs+ Lisa Metz	5:15-5:45 Pilates for Dancers Intermediate/Advanced Levels 12-16 years Thomas Teague	4:45-5:45 Grade Three Modern I.S.T.D. Karrie Hill	4:45-5:45 Junior Ballet Performance Group (For Grades 1-4 Ballet) Sorami Moriyama
5:45-6:45 Intermediate Modern I.S.T.D. Karrie Hill	5:45-7:15 Ballet Bloch Intermediate/Adv. Levels Ballet Technique Class Thomas Teague/Tracy-Lea Bloch	5:45-6:45 Advanced Hip Hop 11-14 years Chris Bonus	5:45-6:45 Grade Two Ballet R.A.D. Sorami Moriyama
6:45-7:45 Grade Six Modern I.S.T.D. Karrie Hill	7:15-7:45 Ballet Bloch Intermediate Program Pointe Training - By Audition Only Thomas Teague/Tracy-Lea Bloch	6:45-7:15 Mischief Boys Hip Hop Performance Group 10 yrs+ Chris Bonus	6:45-7:45 Grade Five Ballet R.A.D. Sorami Moriyama
7:45-9:15 Advanced Two Modern I.S.T.D. Karrie Hill	7:45-9:15 Advanced Foundation Ballet R.A.D. Sorami Moriyama	7:15-8:45 Bonus Program - Senior Hip Hop By Invitation - 13yrs+ Chris Bonus	

WEDNESDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 Crystal/Diamond/Black Diamond Broadway Performance Group 13 yrs + Belinda Sobie	3:45-4:45 Ballet Bloch Advanced Program Pointe Training - By Audition Only Muriel Teague	3:45-4:45 B.P.M. Hip Hop Performance Group 13 yrs+ Abby Hoffman	3:45-4:45 Grade Five Ballet R.A.D. Sorami Moriyama
4:45-5:45 Advanced Jazz Technique 13 years+ Performance Students Only Belinda Sobie	4:45-5:45 Ballet Bloch Junior Program Ballet Technique - By Audition Only Tracy-Lea Bloch	4:45-5:45 Jazz 8-10 years Abby Hoffman	4:45-5:30 Boys Hip Hop 6-9 years Dylan Steyns
5:45-6:45 Sapphire/Crystal/Diamond Broadway Performance Group 13 yrs+ Belinda Sobie	5:45-6:15 Foot Conditioning Junior/Intermediate Levels 8-12 years Tracy-Lea Bloch	5:45-6:45 Lyrical/Contemporary 10-13 years Elysia Matheson	5:45-6:45 Hip Hop 8-10 years Dylan Steyns
6:45-7:45 Opal/Emerald Broadway Performance Group 11 yrs+ Elysia Matheson	6:15-7:45 Ballet Bloch Intermediate Program ISTD Intermediate Ballet Syllabus Tracy-Lea Bloch	6:45-7:45 Grade Four Ballet R.A.D. Sorami Moriyama	6:45-7:45 Boys Hip Hop 10-13 years Dylan Steyns
7:45-8:45 Adult Dance Performance Group Dylan Steyns	7:45-8:45 Crystal/Diamond Lyrical Performance Group 15 yrs+ Elysia Matheson	7:45-9:15 Advanced One Ballet R.A.D. Sorami Moriyama	



North Shore Academy of Dancing



Class Schedule 2020/2021

VERSION 4.0 - June 25th 2020

THURSDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:45-4:45 Advanced Jazz Technique 9-13 years Performance Students Only Belinda Sobie	3:45-5:45 Ballet Bloch Int/Adv Program Ballet Bloch Productions: Nutcracker Collaboration Swan Lake By Audition Only Muriel Teague	3:45-4:45 Intermediate Modern I.S.T.D Christina Fitchett	3:45-4:45 Grade Two Ballet R.A.D Sorami Moriyama
4:45-5:45 Sapphire/Crystal Lyrical Performance Group 12-15 yrs Belinda Sobie		4:45-5:45 Intermediate Foundation Ballet R.A.D Sorami Moriyama	4:45-5:45 Ruby/Amber Broadway Performance Group 8-12 yrs Christina Fitchett
5:45-6:45 Advanced Lyrical Technique 13 years+ Performance Students Only Belinda Sobie	5:45-6:45 Opal/Emerald Lyrical Performance Group 12 yrs+ Elysia Matheson	5:45-7:15 Ballet Bloch Intermediate Program Ballet Technique - By Audition Only Muriel Teague	5:45-6:45 Grade Four Modern I.S.T.D Christina Fitchett
6:45-7:45 Senior Smooth Groove Hip Hop 13 years+ Zaiven Garrett	6:45-7:45 Diamond/Black Diamond Lyrical Performance Group 15 yrs+ Elysia Matheson	7:15-7:45 Ballet Bloch Intermediate Program Pointe Training - By Audition Only Muriel Teague	6:45-7:45 Grade Six Modern I.S.T.D Christina Fitchett
7:45-9:15 Advanced One Year 1 & 2 Modern I.S.T.D Christina Fitchett	7:45-8:45 Industry Jazz 13+ years Elysia Matheson	7:45-8:45 Adult Monthly Drop In Dylan Steyns	

FRIDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:30-4:45 Industry Workshop Drop In Weekly Guest Instructors	3:45-4:45 Ballet Bloch Int/Adv Program Contemporary - By Audition Only Monica Proenca	3:45-4:45 Intermediate Foundation Ballet R.A.D Sorami Moriyama	3:45-4:45 Jazz 6-8 years Abby Hoffman
4:45-5:15 Stretch & Strength Int/Adv Levels 10 yrs+ Monica Proenca	4:45-5:45 Video Dance Hip Hop 11-14 years Dylan Steyns	4:45-5:45 Beginner Pointe Training Grade 5/Intermediate Foundation Level Sorami Moriyama	4:45-5:45 Pearl Broadway Performance Group 6-8 yrs Abby Hoffman
5:15-6:45 Ballet Bloch Advanced 2 Program Contemporary Ballet Choreography By Audition Only Monica Proenca	5:45-6:45 Midnight Attraction Hip Hop Performance Group 11 yrs+ Dylan Steyns	5:45-6:45 Jazz 10-13 years Abby Hoffman	

SATURDAYS

STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
9:00-9:45 Pre-Ballet 4-5 yrs Nika Statham	9:15-10:00 Pre-Primary Ballet R.A.D Sorami Moriyama	9:45-10:30 Creative Hip Hop 5-6 yrs Jaden Turner	9:15-10:15 Grade Two Modern I.S.T.D Alyssa Rive
9:45-10:30 Pre-Ballet 3-4 yrs Nika Statham	10:00-11:00 Grade One Ballet R.A.D Sorami Moriyama	10:30-11:15 Hip Hop 8-10 years Jaden Turner	10:15-11:00 Grade One Modern I.S.T.D Alyssa Rive
10:30-11:30 Ballet Bloch Junior Program Company Class Tracy-Lea Bloch/Chloe Legaspi	11:00-11:45 Primary Ballet R.A.D Sorami Moriyama	11:15-12:15 Jazz 8-10 years Jaden Turner	11:00-12:00 Grade Four Modern I.S.T.D Alyssa Rive
11:30-12:30 Nutcracker Production Open to all Gr 1 & 2 Ballet By Audition Only Tracy-Lea Bloch/Chloe Legaspi	12:00-1:00 Grade Four Ballet R.A.D Sorami Moriyama	12:15-1:00 Hip Hop 6-8 years Jaden Turner	12:00-1:00 Grade Three Modern I.S.T.D Alyssa Rive
12:30-2:00 Ballet Bloch Int/Adv Program Company Class Muriel Teague	1:00-2:00 Nutcracker Production By Audition Only Tracy-Lea Bloch/Chloe Legaspi	1:00-2:00 Grade Three Ballet R.A.D Sorami Moriyama	
2:00-6:00 Ballet Bloch Productions Company Rehearsals Muriel Teague/Tracy-Lea Bloch	2:00-6:00 Ballet Bloch Productions Company Rehearsals By Audition Only Tracy Bloch/Chloe L/Monica Proenca		

| Advanced Classes - Performance Students only | Italics indicates - by audition only | R.A.D. - Royal Academy of Dancing |
I.S.T.D. - Imperial Society of Teachers of Dancing

108 -275 Fell Avenue, North Vancouver ♦ 604-987-3814 ♦ www.nsad.ca